

Measurement and uncertainty principle

Determinate state

Theorem: If $\hat{A}|\Psi\rangle = \lambda|\Psi\rangle$, then measurement of A in state $|\Psi\rangle$ will certainly give result λ (therefore, such $|\Psi\rangle$ is called determinate state)

Proof: a) from postulate 5 of the previous lecture: $P_\lambda = |\langle f_\lambda|\Psi\rangle|^2$;
b) from postulate 4: $\langle A \rangle = \lambda$, $\langle A^2 \rangle = \lambda^2 \Rightarrow$ no variance.

Also, from postulate 6, measurement will not change such determinate state.

In contrast, if $|\Psi\rangle$ is not an eigenvector of \hat{A} , then measurement of A can give different results, and changes (collapses) $|\Psi\rangle$.

Compatible and incompatible observables

Question: When a state can be a determinate state for two operators \hat{A} and \hat{B} ?
(why important: consider measurement sequence A, B, A)

Answer: If \hat{A} and \hat{B} commute, $[\hat{A}, \hat{B}] = 0$, then this is possible (“compatible”);
if $[\hat{A}, \hat{B}] \neq 0$, then this is usually impossible (“incompatible”).

More rigorously, two theorems from linear algebra (without proof).

Theorem 1

If two Hermitian operators commute, $[\hat{A}, \hat{B}] = 0$, then there exists a basis consisting of eigenvectors of both \hat{A} and \hat{B} simultaneously.

(These states are determinate states of both \hat{A} and \hat{B} , i.e. $\sigma_A = \sigma_B = 0$.)

(σ is the standard deviation)

Theorem 2 (generalized uncertainty principle)

For Hermitian \hat{A} and \hat{B} , if $[\hat{A}, \hat{B}] \neq 0$, then

$$\sigma_A^2 \sigma_B^2 \geq \left(\frac{1}{2i} \langle [\hat{A}, \hat{B}] \rangle \right)^2$$

Example

$$[\hat{x}, \hat{p}] = i\hbar \quad \Rightarrow \quad \sigma_x^2 \sigma_p^2 \geq \left(\frac{\hbar}{2} \right)^2 \quad \Rightarrow \quad \sigma_x \sigma_p \geq \frac{\hbar}{2}$$

(Heisenberg uncertainty principle)

Energy-time uncertainty

You can often find inequality $\Delta E \Delta t \geq \frac{\hbar}{2}$

- 1) It is formally incorrect, but often gives correct intuition.
- 2) It is correct in the following sense.

Theorem

For any observable Q (which does not explicitly depend on time)

$$\sigma_E \frac{\sigma_Q}{|d\langle Q \rangle / dt|} \geq \frac{\hbar}{2}$$

(So, if anything changes significantly during Δt , then the energy spread should be large enough, $\Delta E \Delta t \geq \hbar/2$. In stationary state $\Delta E = 0$, therefore nothing changes.)

Proof

Straightforward from $\sigma_H \sigma_Q \geq \left(\frac{1}{2i} \langle [\hat{H}, \hat{Q}] \rangle \right)^2$ and $\frac{d\langle Q \rangle}{dt} = \frac{i}{\hbar} \langle [\hat{H}, \hat{Q}] \rangle$

$$\begin{aligned} \frac{d\langle Q \rangle}{dt} &= \frac{d}{dt} \langle \Psi | \hat{Q} \Psi \rangle = \langle \frac{d\Psi}{dt} | \hat{Q} \Psi \rangle + \langle \Psi | \hat{Q} \frac{d\Psi}{dt} \rangle + \cancel{\langle \Psi | \frac{\partial \hat{Q}}{\partial t} \Psi \rangle} = \\ &= \langle \frac{-i}{\hbar} \hat{H} \Psi | \hat{Q} \Psi \rangle + \langle \Psi | \hat{Q} \frac{-i}{\hbar} \hat{H} \Psi \rangle = \frac{i}{\hbar} (\langle \Psi | \hat{H} \hat{Q} \Psi \rangle - \langle \Psi | \hat{Q} \hat{H} \Psi \rangle) = \frac{i}{\hbar} \langle \Psi | [\hat{H}, \hat{Q}] \Psi \rangle \\ &= (i/\hbar) \langle [\hat{H}, \hat{Q}] \rangle \end{aligned}$$

x -representation and p -representation

It is easy to check that both \hat{x} and \hat{p} are Hermitian (as for any observable).

We need to prove $\langle f|\hat{T}g\rangle = \langle \hat{T}f|g\rangle$.

For $\hat{T} = \hat{x}$ this is very simple: $\int f^*(x) x g(x) dx = \int [x f(x)]^* g(x) dx$.

For $\hat{T} = \hat{p}$ we need integration by parts: $\int f^*(x) \left(-i\hbar \frac{d}{dx}\right) g(x) dx =$
 $= \int i\hbar \frac{df^*(x)}{dx} g(x) dx = \int \left(-i\hbar \frac{df(x)}{dx}\right)^* g(x) dx$.

Find eigenstates of \hat{x} and \hat{p} $\hat{T}f(x) = \lambda f(x)$

Eigenstates of \hat{x} : $x f(x) = \lambda f(x) \Rightarrow f(x) = A \delta(x - \lambda)$

Not normalizable, choose $A = 1$.

$f_\lambda(x) = \delta(x - \lambda)$, then $\langle f_\lambda|f_\mu\rangle = \delta(\mu - \lambda)$ orthonormal basis

Check: $\int \delta(x - \lambda) \delta(x - \mu) dx = \delta(\mu - \lambda)$ (since $x = \mu$)

Eigenstates of \hat{p} :

$$-i\hbar \frac{d}{dx} g(x) = \lambda g(x) \quad \Rightarrow \quad g(x) = B e^{i\frac{\lambda}{\hbar}x}$$

$$g_\lambda(x) = \frac{1}{\sqrt{2\pi\hbar}} e^{i\frac{\lambda}{\hbar}x}, \quad \text{then } \langle g_\lambda | g_\mu \rangle = \delta(\mu - \lambda) \quad \text{orthonormal basis}$$

$$\text{Check: } \frac{1}{2\pi\hbar} \int e^{-i\frac{\lambda}{\hbar}x} e^{i\frac{\mu}{\hbar}x} dx = \frac{1}{2\pi\hbar} \int e^{i\frac{\mu-\lambda}{\hbar}x} dx = \delta(\mu - \lambda)$$

$$\text{since } \int_{-\infty}^{\infty} e^{ikx} dx = 2\pi \delta(k) \quad \text{and } \delta(ax) = \frac{\delta(x)}{|a|}$$

Digression: proof of the formula $\int_{-\infty}^{\infty} e^{ikx} dx = 2\pi \delta(k)$

$$\text{Fourier transform } f(x) = \frac{1}{\sqrt{2\pi}} \int e^{ikx} F(k) dk, \quad F(k) = \frac{1}{\sqrt{2\pi}} \int e^{-ikx} f(x) dx$$

Therefore

$$F(k) = \frac{1}{\sqrt{2\pi}} \int dx e^{-ikx} \frac{1}{\sqrt{2\pi}} \int e^{ik'x} F(k') dk' = \int \underbrace{\left[\frac{1}{2\pi} \int e^{i(k'-k)x} dx \right]}_{\delta(k-k')} F(k') dk$$

Similarity of x -representation and p -representation

$$\hat{x}\text{-eigenstates (x-basis)} \quad f_\lambda(x) = \delta(x - \lambda) \quad \hat{p}\text{-eigenstates (p-basis)} \quad g_\lambda(x) = \frac{1}{\sqrt{2\pi\hbar}} e^{i\frac{\lambda}{\hbar}x}$$

We can say that $\Psi(x)$ are actually components of vector $|\Psi\rangle$ in x -basis:

$$\Psi(x) = \int_{-\infty}^{\infty} \underbrace{\Psi(x')}_{\text{components}} \underbrace{\delta(x - x')}_{\text{basis vectors}} dx'$$

Similarly, we can write it in p -basis:

$$\Psi(x) = \int_{-\infty}^{\infty} \underbrace{\Phi(p)}_{\text{components}} \underbrace{\frac{1}{\sqrt{2\pi\hbar}} e^{i\frac{p}{\hbar}x}}_{\text{basis vectors}} dp \quad \left| \quad \Phi(p) = \frac{1}{\sqrt{2\pi\hbar}} \int_{-\infty}^{\infty} e^{-i\frac{p}{\hbar}x} \Psi(x) dx$$

We can regard $\Phi(p)$ as a wavefunction in p -space

Actually, more often people use $\Phi(k)$ in k -space, where $k = p/\hbar$, then eigenstates (basis vectors) are $\frac{1}{\sqrt{2\pi}} e^{ikx}$.

Operators \hat{x} and \hat{p} in p -space

$$\hat{p}\Phi(p) = p \Phi(p)$$

Expected by analogy. Formal proof:

$$\begin{aligned}
 -i\hbar \frac{\partial \Psi(x)}{\partial x} &= -i\hbar \frac{\partial}{\partial x} \int \Phi(p) \frac{1}{\sqrt{2\pi\hbar}} e^{i\frac{p}{\hbar}x} dp = \\
 &= -i\hbar \int \Phi(p) \frac{1}{\sqrt{2\pi\hbar}} \frac{ip}{\hbar} e^{i\frac{p}{\hbar}x} dp = \int \underline{p \Phi(p)} \frac{1}{\sqrt{2\pi\hbar}} e^{i\frac{p}{\hbar}x} dp
 \end{aligned}$$

$$\hat{x}\Phi(p) = i\hbar \frac{\partial}{\partial p} \Phi(p)$$

Proof:

$$\begin{aligned}
 x\Psi(x) &= \int \Phi(p) \frac{1}{\sqrt{2\pi\hbar}} \underbrace{x e^{i\frac{p}{\hbar}x}}_{-i\hbar \frac{\partial}{\partial p} e^{i\frac{p}{\hbar}x}} dp = \\
 &= \text{(by parts)} = \int \underline{i\hbar \frac{d\Phi(p)}{dp}} \frac{1}{\sqrt{2\pi\hbar}} e^{i\frac{p}{\hbar}x} dp
 \end{aligned}$$

Commutator
does not change

$$[\hat{x}, \hat{p}] = \left[x, -i\hbar \frac{\partial}{\partial x} \right] = i\hbar$$

$$[\hat{x}, \hat{p}] = \left[i\hbar \frac{\partial}{\partial p}, p \right] = i\hbar$$

Probabilities $|\Psi(x)|^2 dx$ and $|\Phi(p)|^2 dp$

$\Phi(p)$ is as good a wavefunction as $\Psi(x)$

For x -measurement, probability to find particle near x_0 is $\mathcal{P}(x_0) dx$ (postulate 5, rem. a), with

$$\mathcal{P}(x_0) = |\langle f_{x_0} | \Psi \rangle|^2 = \left| \int \delta(x - x_0) \Psi(x) dx \right|^2 = |\Psi(x_0)|^2$$

Similarly, for p -measurement, probability to find momentum near p_0 is $\mathcal{P}(p_0) dp$, with

$$\mathcal{P}(p_0) = |\langle g_{p_0} | \Psi \rangle|^2 = \left| \int \frac{1}{\sqrt{2\pi\hbar}} e^{-i\frac{p_0}{\hbar}x} \Psi(x) dx \right|^2 = |\Phi(p_0)|^2$$

Minimum-uncertainty states

From Heisenberg uncertainty relation, we know that $\sigma_x \sigma_p \geq \hbar/2$

Which states satisfy the lower bound, $\sigma_x \sigma_p = \hbar/2$?

Answer:

$$\Psi(x) = A e^{-a(x-x_0)^2/2\hbar} e^{ip_0x/\hbar} \quad A = \left(\frac{a}{\pi\hbar}\right)^{1/4}$$

(in optics they are called “squeezed states”)

$$\text{It has } \langle x \rangle = x_0, \langle p \rangle = p_0, \quad \sigma_x = \sqrt{\frac{\hbar}{2a}}, \quad \sigma_p = \sqrt{\frac{a\hbar}{2}},$$

In p -representation very similar form:

$$\Phi(p) = \frac{1}{\sqrt{2\pi\hbar}} \int e^{-i\frac{p}{\hbar}x} \Psi(x) dx = \left[e^{ip_0x_0/\hbar} \frac{A}{\sqrt{a}} \right] e^{-(p-p_0)^2/(2\hbar a)} e^{-ix_0p/\hbar}$$